_____(child's name) **Healthy Online Engagement Contract**

For your: Smartphone, computer, ipad, TV, _____(other)

_____(child's name) **agrees to be responsible for:**

1.
2.
3.
4.
5
6.

Examples:

1. Put tech back on charging station after use, or remote where it lives after use
2. Put on a 5 min timer and put tech away, if asked
3. Put on a timer before using the tech if a time limit is necessary
4. Follow a diverse range of accounts
5. Be kind online
6. Maintain tech-free zones at family meal times and when asked to stop
7. Shut your device and tell an adult you see something horrible or not meant for kids
8. Share usernames and passwords for social media accounts
9. Complete training on the topics of:
   > Online bullying
   > Porn, why it's not 'real', what to do if you see it
   > What's okay to share, and what's not
   > Image and video manipulation
   > Spotting Stereotypes
   > Diversity
   > Curating content for empowerment
   > ABC's of healthy online engagement

Then _____(child's name) has the privilege of having a phone, computer, etc.

If _____(child's name) chooses NOT to follow the responsibilities in this agreement, then they lose their privileges for _____days.(or your agreed consequence)

Signature: _____(child's name)

_____ (parent/s caregiver/s name/s) **agree to:**

Provide ongoing training to support safe, skilful use of tech
Put devices away and be fully present when talking to or engaging with _____(child's name)
Not use tech during family meals and activities
Not use phone while driving — even at traffic lights
Not talk on the phone when kids are in the car (except for emergencies or pre-agreed work calls)
Not posting photos of _____(child's name) on social media without permission
Not freak out when _____(child's name) makes a mistake but use it as a learning opportunity
Not look at phone during one:one time

If _____ (parent/s caregiver/s name/s) choose not to follow the rules of this agreement, they lose _____(specify) privileges for _____ days.

_____ (parent/s caregiver/s name/s) **Signature**